## I REALLY ENJOY PRACTICING MY SKILLS

by painting and drawing in a journal when we are travelling. I frequently use 8 fold books of Arches Text wove

-Tara Hayden

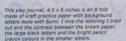
The "Tofino" journal is a 5 x 6.5 inch 8 fold Arches Text wove used to record our summer holiday travels. I used fine black pen, pencil, watercolours and Pentel Colour brush. I like the variety created by Zentangling on the pages. Below, another journal records our trip to Hawaii.



















## I NEED TO RECORD WHERE I

or I would totally forget. It took awhile to find just the right size journal—it had to be just big enough to put postcards in both portrait and landscape. So it's square. I like square.

-Gail Stevens

The Inside Little page of my 2011 travel Journal which tells me (colourfully) where I went. I used a large Mitchell for the Neuland and a foliated pan for the other caps. The rest of the journal is writing plus postcards, maps & ephemera that I collect and glue in place as I go. If my to leave nothing to complete when I set back.

Far right is part of the front cover of my 2012 travel journal. I brushed acrylics over the black cover & glued on a paper with the destinations and dates.





## MY JOURNALS CELEBRATE MOMENTS,

reflect on life and refer to important people, places and things in my life. Deciding what words and pictures will be used to record the memory I find challenging, therapeutic and creative. -Sharon Fabey.



When I travel, my journals accompany me so I can record things of interest. Frequenty, I will take some time during the day to make a mark or a comment on paper to start the process of creating a visual memory. Tuse watercolour pencils & paints and Micron pigma pens in various sizes and colours.

The friendship page started with a curving line which I then filled in with words and a poem and Yarke pan colours.

